

2025 KGTC INVITATIONAL

TRAMPOLINE GYMNASTICS 2ND BC PROVINCIAL CUP



MARCH 14-16, 2025

Tournament Capital Centre
Kamloops

Workplan v.1



INVITATION TO ATTEND

KGTC would like to invite you to the 27th Annual KGTC Invitational. Events include Trampoline 2nd Provincial Cup and Elite Canada 2025 Trampoline Gymnastics.

NOTE: Please refer to the Elite Canada 2025 Trampoline Gymnastics Directives distributed by Gymnastics Canada. Competition Dates for Elite are different!!

HOST CLUB

KGTC - KAMLOOPS GYMNASTICS | TRAMPOLINE CENTRE
910 McGill Road
Kamloops, V2C6N6

Event Committee:
E. events@kgtc.ca

Member Services:
E. info@kgtc.ca

GYMNASTICS BC

Gymnastics BC
268 - 828 West 8th Avenue,
Vancouver, BC V5Z1E2
P. 604-333-3496 F. 604-333-3499
E. info@gymbc.org

Sandra Poelzer
TG Program Coordinator
P. 604-333-3496 ext 7,3
E. spoelzer@gymbc.org

Aidan Muth
Communications and Events Manager
P. 604-333-3490
E. communications@gymbc.org

WEBSITE

[HTTPS://WWW.GYMBE.ORG/EVENTS/EVENTS-CALENDAR/](https://www.gymbc.org/events/events-calendar/)

EVENT INFORMATION

COMPETITION DATE	FRIDAY, MARCH 14 TO SUNDAY, MARCH 16, 2025																													
VENUE	Tournament Capital Centre Fieldhouse 910 McGill Road, Kamloops, BC To find out more- Visit the website to view the facilities http://www.tournamentcapital.com/																													
REGISTRATION DEADLINE & FEES	<p style="text-align: center;">REGISTRATION OPENS WEDNESDAY, JANUARY 15TH</p> <table border="1" data-bbox="448 604 1534 1150"> <thead> <tr> <th colspan="3" style="background-color: #4F81BD; color: white;">ATHLETE REGISTRATION FEES & DEADLINES</th> </tr> <tr> <th></th> <th style="text-align: center;">Base Fee FIRST ONE Event</th> <th style="text-align: center;">EACH Additional Event</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">On or Before February 6, 2025</td> <td style="text-align: center;">\$150</td> <td style="text-align: center;">\$10 <small>(each additional event)</small></td> </tr> <tr> <td style="text-align: center;">February 7 to February 11, 2025 (\$150 + \$15)</td> <td style="text-align: center;">\$165</td> <td style="text-align: center;">\$10 <small>(each additional event)</small></td> </tr> <tr> <td style="text-align: center;">February 12 to February 18, 2025 (\$150 + \$25)</td> <td style="text-align: center;">\$175</td> <td style="text-align: center;">\$10 <small>(each additional event)</small></td> </tr> <tr> <td style="text-align: center;">February 19 to February 27, 2025 (\$150 + \$150)</td> <td style="text-align: center;">\$300</td> <td style="text-align: center;">\$10 <small>(each additional event)</small></td> </tr> <tr> <td colspan="3" style="background-color: #4F81BD; color: white;">COACHES REGISTRATION FEES & DEADLINES</td> </tr> <tr> <td style="text-align: center;">On or Before February 12, 2025</td> <td colspan="2" style="text-align: center;">\$50</td> </tr> <tr> <td colspan="3" style="text-align: center;">ABSOLUTELY NO ATHLETE ENTRIES WILL BE ACCEPTED AFTER FEBRUARY 27, 2025</td> </tr> </tbody> </table>			ATHLETE REGISTRATION FEES & DEADLINES				Base Fee FIRST ONE Event	EACH Additional Event	On or Before February 6, 2025	\$150	\$10 <small>(each additional event)</small>	February 7 to February 11, 2025 (\$150 + \$15)	\$165	\$10 <small>(each additional event)</small>	February 12 to February 18, 2025 (\$150 + \$25)	\$175	\$10 <small>(each additional event)</small>	February 19 to February 27, 2025 (\$150 + \$150)	\$300	\$10 <small>(each additional event)</small>	COACHES REGISTRATION FEES & DEADLINES			On or Before February 12, 2025	\$50		ABSOLUTELY NO ATHLETE ENTRIES WILL BE ACCEPTED AFTER FEBRUARY 27, 2025		
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CHANGES DUE TO MOBILITY (following 1st CUP)	Changes for athletes who have shown mobility at the TG Aviva Cup 2025 - 1 st BC Provincial Cup and wish to compete at the higher level, will be accepted without penalty until MARCH 10th.																													
ATHLETE REGISTRATION	Please register through your Sportzsoft club membership account. Please follow the instructions in your club account to register your athletes and coaches. Event: 2025 KGTC TG Invitational https://sportzsoftlivemeet.com/find-meet/ Registration opens January 15 th ! Only the official registration process will be accepted. NOTES: <ul style="list-style-type: none"> All athletes registered on the entry form must be properly registered with GymBC PRIOR to the Deadline for Entries. Unregistered athletes will not be permitted on the competition floor until the GymBC registration is complete and all fines have been paid. Failing to register a coach who is on the floor will result in a \$50 fine charged to the club where the coach is employed. 																													

<p>PAYMENT OF FEES (Athletes and Coaches)</p>	<p>Full payment must be received by FEBRUARY 27, 2025 deadline to be considered on-time.</p> <p>Please make payment via one CLUB CHEQUE payable to: KGTC 910 McGill Road Kamloops, B.C. V2C 6N6</p> <p>E-Transfer to: Member Services events@kgtc.ca</p> <p>Include the following information with your payment:</p> <ul style="list-style-type: none"> • 2025 KGTC Invitational • Club Name • Number of athletes and coaches you are paying for <p>Full payment must be received by KGTC at the above address by FEBRUARY 27, 2025 (or 10 days after registration) to be considered on-time.</p> <p>ALL payments received <u>after February 27, 2025 will be considered late</u> and are subject to a late charge of \$50.</p>						
<p>DECLARATION OF COMPLIANCE (Mandatory GymBC Form)</p>	<p>Every club must complete a Declaration of Compliance GymBC on behalf of their athletes. This must be completed and submitted prior to the event.</p> <p>https://forms.gle/ZHm62rLAcQXTKKey8</p>						
<p>REFUNDS & WITHDRAWALS</p>	<p>Refunds will only be issued upon receipt of a medical note/certificate. These must be received within 14 days (March 31st) of the conclusion of the competition. Refunds will only be given for withdrawals from the entire competition and not for single event scratches.</p> <table border="1" data-bbox="446 1186 1539 1365"> <thead> <tr> <th>Deadline</th> <th>Refund</th> </tr> </thead> <tbody> <tr> <td>On or before February 6, 2025</td> <td>Refund less \$25 admin fee</td> </tr> <tr> <td>February 7 to March 31, 2025</td> <td>Medical scratches only (must be accompanied by doctor's note), refund less \$25 admin fee</td> </tr> </tbody> </table> <p>No refunds for no-shows or on-site scratches. Refunds will be sent directly to clubs following the competition weekend.</p> <p>Submit your athlete withdrawals using the online form: https://forms.gle/dfs9BoboHT2Qcqu7</p>	Deadline	Refund	On or before February 6, 2025	Refund less \$25 admin fee	February 7 to March 31, 2025	Medical scratches only (must be accompanied by doctor's note), refund less \$25 admin fee
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TECHNICAL INFORMATION

CATEGORIES

Finalized BCTG Age Splits 2025 Season
Time of Flight (TOF) to be used

(Elite Canada)

TRA L1 W 10U/11-12/13+ TRA L1 M 10U/11-12/13+	DMT L1 W 10U/11-12/13+ DMT L1 M 10U/11-12/13+	TUM L1 W 10U/11-12/13+ TUM L1 M no split
TRA L2 W 12U/13+ TRA L2 M 12U/13+	DMT L2 W 12U/13+ DMT L2 M 12U/13+	TUM L2 W no split TUM L2 M no split
TRA L3 W 14U/15+ TRA L3 M 14U/15+	DMT L3 W 12U/13+ DMT L3 M 12U/13+	TUM L3 W no split TUM L3 M no split
TRA L4 W 14U/15+ TRA L4 M 14U/15+	DMT L4 W 14U/15+ DMT L4 M 14U/15+	TUM L4 W no split TUM L4 M no split
TRA L5 W TRA L5 M	DMT L5 W 14U/15+ DMT L5 M 14U/15+	TUM L5 W TUM L5 M

Age is determined by the participants age as of December 31, 2025.

In Sportzsoft, please ensure you are registering athletes into levels that are part of the GymCan pathways document. (KGTC TG Invitational and TG Elite Canada are 2 separate registrations)

**2024-2025
Provincial
Level 1 & 2**

	TRAMPOLINE	DOUBLE MINI	TUMBLING
Level 1 & Level 2	<u>Preliminary Round</u> 1 compulsory routine 1 voluntary routine <u>Finals Round</u> NO final <u>Awards</u> Will be presented as of the official results following the <u>PRELIMINARY</u> round	<u>Preliminary Round</u> 2 voluntary passes <u>Finals Round</u> NO final <u>Awards</u> Will be presented as of the official results following the <u>PRELIMINARY</u> round	<u>Preliminary Round</u> 1 compulsory pass 1 voluntary pass <u>Finals Round</u> NO final <u>Awards</u> Will be presented as of the official results following the <u>PRELIMINARY</u> round

**Provincial
Level 3 & 4**

	TRAMPOLINE	DOUBLE MINI	TUMBLING
Level 3 & Level 4	TG Canadian Pathways *FINALS ROUND*	TG Canadian Pathways *FINALS ROUND*	TG Canadian Pathways
NAT Levels 5 & 6	TG Canadian Pathways	TG Canadian Pathways	TG Canadian Pathways
HP JR / L7 / SR	TG Canadian Pathways	TG Canadian Pathways WITH clarification on Q1, Q2 and Finals	TG Canadian Pathways

**National
Level 5 & 6
(Elite Canada)**

**HP
JR / L7 / SR
(Elite Canada)**

ADDITIONAL RULES	2025 GymCan Canadian Pathways (Please refer to the most recent version)						
EQUIPMENT	Spieth Anderson / Gymnastics BC Equipment 2 Trampolines 2 DMT 1 TU Floor						
DD SHEETS	<p>All completed DD sheets must be submitted by EMAIL to events@kgtc.ca by NOON ON Friday, February 28, 2025. Only the CanGym versions will be accepted. Please submit the DD sheet with the following information:</p> <ul style="list-style-type: none"> • Name • Club • Level & Age Group • Gender <p>**No skills/passes will be required to be pre-filled for DD sheets this year.</p>						
CHANGES/ CORRECTION / WITHDRAWAL	<table border="1" data-bbox="354 709 1528 856"> <thead> <tr> <th data-bbox="358 709 938 743">Deadline</th> <th data-bbox="943 709 1523 743">How to submit</th> </tr> </thead> <tbody> <tr> <td data-bbox="358 749 938 783">On or before February 6, 2025</td> <td data-bbox="943 749 1523 783">Directly through your Sportzsoft club account</td> </tr> <tr> <td data-bbox="358 789 938 823">February 7 to February 27, 2025</td> <td data-bbox="943 789 1523 856">Complete this form online https://forms.gle/dfsj9BoboHT2Qcqu7</td> </tr> </tbody> </table> <p>DEADLINE: Friday, February 28, 2025</p> <p>**Absolutely NO changes or corrections will be accepted at the event**</p>	Deadline	How to submit	On or before February 6, 2025	Directly through your Sportzsoft club account	February 7 to February 27, 2025	Complete this form online https://forms.gle/dfsj9BoboHT2Qcqu7
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CLUB JUDGES SURCHARGE	<p><u>Judge Information</u></p> <p>A complete list of all registered judges must be forwarded to the TG Judging Chair (bcjudgingchair@gmail.com) immediately following the registration deadline. Information must include the event to be judged, level of certification and availability. All clubs participating in GymBC Trampoline Gymnastics sanctioned meets must provide a qualified judge. A cap of seven (7) judges from any one club will be implemented.</p> <p><u>Judge Availability</u></p> <p>All judges must be available for a minimum of two (2) full days of the competition schedule. A judge who is also a competitive athlete OR a registered coach, may be included as part of the athlete/judge ratio if the following has been met:</p> <ul style="list-style-type: none"> • Must be available for a MINIMUM of two (2) full days of the competition schedule • Consideration will be given for the athletes(s) competition schedule • Consideration will be given for the coach(s) competitive coaching obligations <p><u>Trampoline & DMT</u></p> <p>Trampoline and DMT certified judges must be available for a MINIMUM of three (3) panels for each competitive schedule to be considered a half (0.5) judge.</p> <p>Trampoline and DMT certified judges must be available for available for a MINIMUM of four (4) panels for each competition schedule to be considered a full (1.0) judge</p> <p><u>Tumbling</u></p> <p>Tumbling certified judges must be available a MINIMUM of two (2) panels for each competition schedule to be considered a full (1.0) judge.</p>						

<u>Club Requirements</u>		
REGION	CLUBS	ATHLETE TO JUDGE RATIO
Lower Mainland	Club Aviva	1:5
	Flip City	1:5
	Shasta	1:5
	TAG	1:5
Outside the Lower Mainland		
	KGTC	1:8
	Kelowna Gymnastix	1:8
	Okanagan Gymnastics	1:8
	Prince George	1:8
	Revelstoke	1:8
	VIP	1:8
	Whistler	1:8

JUDGING SURCHARGE RATES	TIERED SURCHARGES	FINE IMPOSED per ATHLETES UNDER THE RATIO
	Lower Mainland	
	First 5 athletes a club is short a judge	\$20 per athlete
	For the second 5 athletes a club is short a judge	\$30 per athlete
	For the third 5+ athletes a club is short a judge	\$40 per athlete
	Outside the Lower Mainland	
	First 8 athletes a club is short a judge	\$20 per athlete
	For the second 8 athletes a club is short a judge	\$30 per athlete
	For the third 8+ athletes a club is short a judge	\$40 per athlete

OUT OF PROVINCE GUESTS
 KGTC is pleased to welcome out-of-province guests. The Provincial Judging Chair has asked that **ALL** guest groups provide a minimum of one **NATIONAL LEVEL** judge who will be available for the entire event.

SCORING
 Sportzsoft scoring will be in place. Results can be accessed via the Sportzsoft APP.

TIES
 In both the preliminary and final round, there will be NO ties. Athletes will automatically be ranked according to GymCan Regulations.

AWARDS	
Provincial Levels	
Medals	1 st - 3 rd place
Ribbons	4 th - 10 th place
National Levels <i>Elite Canada</i>	
Medals	1 st - 3 rd place
Ribbons	4 th - 6 th place

COMPETITION ATTIRE (Coaches & Spotters)	<p>Coaches and spotters must dress appropriately:</p> <ul style="list-style-type: none"> • CLUB t-shirt/polo shirt • CLUB track jacket (with or without track pants) <ul style="list-style-type: none"> ◦ Pants must be ¾ or full length • No hats, shorts, midriff tops, ripped or torn clothing or similar will NOT be accepted • Appropriate indoor sport footwear (sneakers/runners - no flip flops)
COMPETITION ATTIRE (Athletes)	<p>Dress for Competitors</p> <p>All athletes must dress in their <u>CURRENT</u> club's team competitive attire for all preliminaries at GymBC sanctioned events unless prior approval of the TGTC is given. Any/all athletes not dressed in their <u>CURRENT</u> club's team competitive attire <u>will receive a dress code violation per the Canadian Competition regulations routine/pass.</u></p> <p><u>GymCan Canadian Competition Rules:</u></p> <p>Women:</p> <p>Competition leotard with or without sleeves Unitard could be mid-thigh length Gym shorts may be worn (must be part of the uniform)</p> <ul style="list-style-type: none"> • Must not be longer than mid-thigh • Must be skin-tight • The shorts can either be the same colour as the leotard or black (should coordinate with the leotard) • Athletes who choose to wear shorts from the same CLUB must all have the same brand • No obvious logos • Club athletes can either choose to wear shorts or no shorts (not all the athletes of the same club are required to choose the same for Individual Competition) <p><u>SYNCHRO</u> - the pair MUST match and either choose to both wear shorts or not wear shorts Long tights or full-length one-piece leotard will be accepted.</p> <p>Men:</p> <p>Sleeveless or short sleeve singlet. Competition Longs OR gym shorts in a single colour Exception: black or any other deep dark colour Length of shorts must not be longer than MID-thigh.</p> <p>Footwear:</p> <p>Mandatory for TRA and DMT. TUM may compete barefoot. TG Women: White trampoline shoes and/or white foot covering. TG Men: White trampoline shoes and/or foot covering of the same colour as the competition longs</p> <p>Jewellery:</p> <p>No jewellery may be worn by competitors, spotters and/or coaches as spotters. Taping of jewellery is NOT adequate. Medic alert bracelets can be worn but must be taped. Medical support braces can be white or beige in colour.</p> <p>Warm-up:</p> <p>When warm-up is conducted in the competition gym, all competitors and coaches must dress in proper club competition attire or equivalent.</p> <p>INCLUSIVITY: All GymCan rules apply for proper attire for specific and general warm-up and competitions. Athletes can wear either male or female CLUB uniform.</p>

	<p>NOTE: National Team competition attire is reserved only to athletes that are currently or have been a member of a Canadian Team (World Championships, World Age Group Competitions and/or international competitions)</p>																							
<p>TEAM BC SELECTION 2025 Western Canada Cup</p>	<p>2025 Western Canada Cup Athletes wishing to attend the Western Canada Cup as Team BC athletes must:</p> <ul style="list-style-type: none"> • Be registered and in good standing with GymBC • Provincial Level 3 and/or Level 4 athletes must compete at a minimum of one (1) BC Provincial Cup AND BC Championships • Meet the TGTC minimum qualifying standard ONCE per discipline • Must be registered with the host organizing committee within the set deadline and in the appropriate categories • The athletes' best qualifying score from two (2) eligible BC Provincial Cup AND/OR BC Championships shall be totaled, and shall count towards team selection • Athletes, women and men combined, will be ranked in descending order <p>Please refer to the Team BC TG Athlete and Coach Selection Guide</p> <p>Team BC Selection Events</p> <ul style="list-style-type: none"> • 2025 TG Aviva Cup (February 2025) • 2025 KGTC TG Invitational Elite Canada (March 2025) • BC Championships (April 2025) • Aaron Johnson Memorial Cup (April 2025) 																							
<p>PRELIMINARY SCHEDULE</p>	<table border="1"> <tr> <td data-bbox="347 905 716 940">FRIDAY March 14</td> <td data-bbox="721 905 1084 940">7:30am to 7:30pm</td> <td data-bbox="1089 905 1450 940">Preliminary Competition</td> </tr> <tr> <td></td> <td></td> <td data-bbox="1089 940 1450 976">Finals Competition (TBC)</td> </tr> <tr> <td data-bbox="347 976 716 1012">SATURDAY March 15</td> <td data-bbox="721 976 1084 1012">7:30am to 7:30pm</td> <td data-bbox="1089 976 1450 1012">Preliminary Competition</td> </tr> <tr> <td></td> <td></td> <td data-bbox="1089 1012 1450 1047">Finals Competition (TBC)</td> </tr> <tr> <td data-bbox="347 1047 716 1083">SUNDAY March 16</td> <td data-bbox="721 1047 1084 1083">7:30am to 3:00pm</td> <td data-bbox="1089 1047 1450 1083">Preliminary Competition</td> </tr> <tr> <td></td> <td></td> <td data-bbox="1089 1083 1450 1119">Finals Competition (TBC)</td> </tr> <tr> <td></td> <td data-bbox="721 1119 1084 1155">3:30pm</td> <td data-bbox="1089 1119 1450 1155">Awards</td> </tr> </table>			FRIDAY March 14	7:30am to 7:30pm	Preliminary Competition			Finals Competition (TBC)	SATURDAY March 15	7:30am to 7:30pm	Preliminary Competition			Finals Competition (TBC)	SUNDAY March 16	7:30am to 3:00pm	Preliminary Competition			Finals Competition (TBC)		3:30pm	Awards
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<h2 style="text-align: center;">ACCOMMODATIONS</h2>	
<p>HOST HOTELS</p>	<p>To reserve your hotel rooms and to receive the reduced rate please use the following links:</p> <p style="text-align: center;"> KGTC Invitational - March 14-16, 2025 - Kamloops Elite Canada - March 11-16, 2025 - Kamloops Optional Training Camp C3 TG Course and Facilitator Training - March 17-22, 2025 - Kamloops </p> <p style="text-align: center;">Please note: KGTC has requested the following dates: Tuesday, March 11, 2025 thru to Saturday, March 22, 2025 and will accommodate reservations for: 2025 TG Elite Canada, KGTC Invitational, Optional TG Training Camp and C3 TG Course and C3 TG Learning Facilitator Training.</p> <p style="text-align: center;">These dates should adequately assist travel arrival and departure plans.</p>