

2025 KGTC TG Invitational

Friday March 14

	Trampoline				Double Mini Trampoline				Tumbling	
	TRAMPOLINE 1		TRAMPOLINE 2		DMT 1		DMT 2			
BLOCK 1 edit start	15:00-15:20	Run and Stretch (no equipment)30 min			15:00-15:20	Run and Stretch (no equipment)30 min			15:00-15:20	Run and Stretch (no equipment)30 min
	15:20-15:30	Orientation Meeting			15:20-15:30	Orientation Meeting			15:20-15:30	Orientation Meeting
	15:30-15:45	KGTC Invitational Opening Ceremony			15:30-15:45	KGTC Invitational Opening Ceremony			15:30-15:45	KGTC Invitational Opening Ceremony
BLOCK 2	15:45-16:15	L1W 10U (9)			15:45-16:15	L1W 11-12 Flt#1 (12)				
	16:24-16:51	L1W 13+ / 11-12 Flt#1 (10+4)	16:06-16:33	L1M 10U/11-12/13+ (2+5+1)	16:21-16:48	L1W 10U (10)	16:08-16:30	L2W 13+ (8)		
			16:39-17:15	L2W 12U (11)	16:58-17:23	L1W 13+ F1 (11)	16:39-17:06	L1M 10U/11-12/13+ (2+6+1)		
	17:01-17:43	L1W 11-12 Flt# (11)	17:36-17:57	L2M 12U / 13+ (3+4)	17:30-17:55	L1W 11-12 Flt#2 & 13+ Flt#2 (6+4)	17:16-17:38	L2W 12U (9)		
	17:43-18:25	L2W 13+ (13)			17:49-18:06	L2M 12U / 13+ (5+3)				
	BLOCK 3									
								18:52-19:09	L1M (7)	
								19:09-19:31	L2 W+M (5+5)	
BLOCK 4	19:31-20:11	Awards Ceremony	19:58-20:38	Awards Ceremony	19:31-20:11	Awards Ceremony	19:58-20:38	Awards Ceremony	19:31-20:11	Awards Ceremony

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Saturday March 15

	Trampoline				Double Mini Trampoline				Tumbling	
	TRAMPOLINE 1		TRAMPOLINE 2		DMT 1		DMT 2			
BLOCK 5 edit start	8:00-8:15	Run and Stretch (no equipment)30 min			8:00-8:15	Run and Stretch (no equipment)30 min			8:00-8:15	Run and Stretch (no equipment)30 min
	8:15-8:20	Coaches Meeting			8:15-8:20	Coaches Meeting			8:15-8:20	Coaches Meeting
BLOCK 6	8:44-9:39	L3M 14U / 15+ (8+3)	8:20-9:02	L4W 14U / 15+ Flt#1 (2+3)	8:41-9:17	L3W 12U / 13+ Flt#1 (1+8)	8:20-8:53	L4M 14U / 15+ Flt#1 (4+2)	8:20-11:00	Equipmeent empty
	9:45-10:39	L4M 14U / 15+ Flt#1 (4+2)	9:27-10:03	L4W 15+ Flt#2 (7)	9:23-9:59	L3W 13+ Flt#2 & L4W 14U Flt#1 (6+3)	9:08-9:35	L4M 15+ Flt#2 (5)	11:00-11:01	Compulsory/Optional 3-Touch w/u then 3-pass
	10:50-11:38	L4M 15+ Flt# 2 / 14U(9+2)	10:26-11:06	L3W 14U Flt#1 / 15+ Flt#1 (3+3)	10:07-11:13	L4W 14U Flt#2/ 15+ (2+5)	9:44-10:29	L3M 12U / 13+ (1+8)	11:01-11:31	L3W & L4W (3+3)
			11:26-12:01	L3W 15+ Flt#2 / 14U Flt#2 (7+2)					11:31-11:32	Compulsory/Optional 3-Touch w/u then 3-pass
									11:32-12:06	L4M (8)
BLOCK 7									12:06-12:26	Awards Ceremony

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2025 KGTC TG Invitational

Sunday March 16

	Trampoline				Double Mini Trampoline				Tumbling	
	TRAMPOLINE 1		TRAMPOLINE 2		DMT 1		DMT 2			
BLOCK 8 edit start	12:15-12:30	Run & Stretch Warm-Up 30 min			12:15-12:30	Run & Stretch Warm-Up 30 min			12:15-12:30	Run & Stretch Warm-Up 30 min
	12:30-12:35	Coaches Meeting			12:30-12:35	Coaches Meeting			12:30-12:35	Coaches Meeting
BLOCK 9	12:35-13:00	Level 03 W 15+ (10)					12:35-13:15	Level 03 Men 13+ (8)		
			12:49-13:22	Level 04 Men 15+ (11)	12:56-13:54	Level 03 W 13+ (10)				
	13:18-13:30	Level 03 W 14U (5)	13:24-13:42	Level 04 Men 14U (6)	13:59-14:03	Level 03 W 12U (1)	13:51-14:00	Level 03 Men 12U (2)		
	13:31-14:04	Level 04 W 15+ (11)					13:50-14:28	Level 04 Men 15+ (7)		
			13:57-14:17	Level 03 Men 14U (8)	14:13-14:57	Level 04 W 15+ (8)				
	14:15-14:21	Level 04 W 14U (2)	14:19-14:26	Level 03 Men 15+ (3)	15:05-15:27	Level 04 W 14U (4)	14:50-15:12	Level 04 Men 14U (4)		
BLOCK 10	15:27-15:57	Awards Ceremony	15:47-16:17	Awards Ceremony	15:27-15:57	Awards Ceremony	15:47-16:17	Awards Ceremony	15:27-15:57	Awards Ceremony

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